



The Journal

Vol. 27

No. 14

www.cnic.navy.mil/bethesda/

April 9, 2015

NSAB, Tenant Commands Declare War on Sexual Assault



Photo by MC3 Hank Gettys

Leaders and staff from various tenant commands on Naval Support Activity Bethesda, including Walter Reed National Military Medical Center, Uniformed Services University of the Health Sciences, Navy Medicine Professional Development Center, Army Warrior Transition Brigade and Army Troop Command, along with staff from the Fleet and Family Support Center, pose for a photo with the Sexual Assault Awareness and Prevention Month Proclamation after signing it during a ceremony April 3.

By MC3 Hank Gettys
NSAB Public Affairs
staff writer

Leadership from various commands aboard Naval Support Activity Bethesda (NSAB) recently came together to sign a public proclamation and pledge their dedication to the elimination of sexual assault in the military as part of the Department of Defense's (DOD) Sexual Assault Awareness and Prevention Month.

While not a declaration of war in the conventional sense, the proclamation and the demonstrated commitment of military and civilian leadership made it very clear that sexual assault is an enemy that we all must, and will, work together to defeat.

"Sexual Assault Awareness and Prevention Month (SAA-PM) is designated in April and is recognized across the country both by civilian and military communities," said Navy

Capt. David A. Bitonti, NSAB commanding officer, during the signing ceremony in the Bldg. 17 Atrium. "This month offers a unique opportunity to build on existing momentum to fight this crime and ensure that all service members, DOD civilians and contract staff, and each of their families, are treated with dignity and respect.

"This is not a once a year, one-month-only effort. It's 24/7, 365 days a year effort."

Bitonti stressed to those in attendance the obligation each person in the DOD community, not only those in leadership roles, has to prevent sexual assault.

"Preventing sexual assault in our military requires a personal commitment from all service members and civilians, at every level, to be steadfast participants in creating an appropriate culture and fostering an environment that upholds standards of behavior

to the military core values," said Bitonti. "The Department of Defense is resolute in its message and has reinforced its commitment to fight sexual assault."

The DOD outlines what we can all do to help eliminate sexual assault with a three-part process:

- Eliminate Sexual Assault: Every service member, at every level in our military, must

See **WAR** page 8

Commandant's Corner

Sexual Assault Prevention and Response Update

Greetings Team 88

The month of April is designated as National Sexual Assault Awareness Month. This year's theme is "Eliminate Sexual Assault: Know Your Part. Do Your Part." Preventing Sexual Assault is in our hands... it's about knowing and upholding our core values and standards. Everyone has a role a role to play in preventing and responding to sexual assaults, and if you see something wrong, you must step in and do the right thing, no matter how uncomfortable.

So this is the perfect month to discuss Sexual Assault Prevention and Response, and give you an update on some big picture SAPR issues, as well as what has been happening at Naval District Washington to mark National Sexual Assault Awareness Month.

The Department of Defense SAPR program has undergone significant review and growth, with major changes to key policies and programs. One of the more important things that happened last year was that on Dec. 1, the Department of Defense delivered a report to the president(LT)[http://sapr.mil/index.php/annual-reports\(GT\)](http://sapr.mil/index.php/annual-reports(GT)) that detailed the progress made in the campaign against sexual assault. In addition to the comprehensive report by the Department of Defense, each of the military departments and the National Guard Bureau contributed a supporting report, further detailing their progress. The reports highlighted the significant improvements made in the sexual assault prevention and response program, criminal investigations, and the military justice



Rear Adm. Markham K. Rich
Commandant, Naval District Washington

system over the past three years.

The DoD report to the president was more than 1,000 pages long, which makes for a long read, but I encourage you to review it. Here is a link to the report: http://sapr.mil/public/docs/reports/FY14_POTUS/FY14_DoD_Report_to_POTUS_SAPRO_Report.pdf

The report presented a list of 10 promising indicators and/or agents of positive change. Two of these items stood out for

me. One was the extensive leadership engagement — Navy leaders at all levels are cognizant, involved and are leading the way with the SAPR program. There has been a positive effect throughout our entire community. The second item that stood out was that prevalence is down and reporting is up. Viewed together, these two trends indicate that we've made progress in terms of our Sailors' willingness to report, which is a vitally important issue. Based on the 2012 RAND survey, it was estimated that only 1 in 10 victims reported a sexual assault. From the 2014 RAND survey, this number has improved to 1 in 4.

Preventing and responding to sexual assaults will always be a priority at NDW. Our ultimate goal is to eliminate sexual assault from our ranks. We are using a proactive approach that consists of focused education, comprehensive response, compassionate advocacy, and just adjudication in order to promote professionalism, respect, and trust, while preserving our mission readiness.

The regional sexual assault preven-

See **PREVENTION** page 8

Bethesda Notebook

WRB Leadership Academy

The next session for the Walter Reed Bethesda Leadership Academy is April 20-23 in Bldg. 5, Heroes Zone, Room 4027. Anyone in a middle manager role or aspiring to a middle manager role can enroll for the role-based competency training. Competency areas to be discussed include leadership and development, resources, quality improvement, personnel management, 21st century health care and the patient experience. Participants can sign up for one to all seven areas. Class size is limited to 28. Deadline to enroll is April 15. For more information, visit <http://tinyurl.com/WRNMMC-LSA-RBCT>.

TeamSTEPPS Essential Course

A TeamSTEPPS (Team Strategies and Tools to Enhance Performance and Patient Safety) Essentials Course will be held on April 28 from 8 to 9:30 a.m., and from 1 to 2:30 p.m. in Clark Auditorium. A Common Access Card is required to sign in. The course is designed for staff who does not engage in the direct delivery of patient care, but who contribute essential information with an impact on the ongoing delivery of safe care. The course is not interchangeable or a substitute for the Fundamentals course. For registration, contact Hospital Education and Training (HEAT) Department at classregistration@health.mil, or at 301-319-5209.

Army Physical Fitness Test

The semi-annual Army Physical Fitness Test (APFT) is currently underway through April 24, Monday, Wednesday and Friday from 6 a.m. to 2 p.m., and April 27 through May 1, Monday through Friday from 6 a.m. to 2 p.m. on the Uniformed Services University track. Height and weight checks are being conducted in Troop Command, Bldg. 147, Monday through Thursday from 8 a.m. to 3 p.m., and Friday from 8 a.m. to noon. Checks must be accomplished prior to May 15. Soldiers with a permanent profile should bring a copy to the APFT. Soldiers who bike and swim must make appointments before the APFT, and those testing will be conducted during the second and fourth week. For more information, contact Staff Sgt. Jamie Jackson at 301-319-2509.

Published by offset every Thursday by Comprint Military Publications, 9030 Comprint Court, Gaithersburg, Md. 20877, a private firm in no way connected with the U.S. Navy, under exclusive written contract with Naval Support Activity Bethesda, Md. This commercial enterprise newspaper is an authorized publication for members of the military services. Contents of The Journal are not necessarily the official views of, nor endorsed by, the U.S. Government, the Department of Defense, or the Department of the Navy. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense or Comprint, Inc., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color,



religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user, or patron. Editorial content is edited, prepared and provided by the Public Affairs Office, Naval Support Activity Bethesda, Md. News copy should be submitted to the Public Affairs Office, Building 17, first floor, across from PSD, by noon one week preceding the desired publication date. News items are welcomed from all installation sources. Inquiries about news copy will be answered by calling 301-295-1803. Commercial advertising should be placed with the publisher by calling 301-921-2800. Publisher's advertising offices are located at 9030 Comprint Court, Gaithersburg, Md. 20877. Classified ads can be placed by calling 301-670-1700.

Naval Support Activity (NSA) Bethesda

Commanding Officer: Capt. David A. Bitonti
Public Affairs Officer: Ronald D. Inman
Public Affairs Office: 301-295-1803

NSAB Emergency Information Line 301-295-6246
NSAB Ombudsman
Michelle Herrera 240-370-5421

Journal Staff

Managing Editor MC3 Hank Gettys
WRNMMC Editor Bernard Little

Staff Writers MC1 Christopher Krucke
Andrew Damstedt
Sarah Marshall
Katrina Skinner
Sharon Renee Taylor

NSAB Chaplain's Office 301-319-4443/4706

Sexual Assault Response Coordinator Hotline 301-442-2053

Visit us on Facebook:

Naval Support Activity Bethesda page:
<https://www.facebook.com/NSABethesda>
Walter Reed National Medical Center page:
<http://www.facebook.com/pages/Walter-Reed-National-Military-Medical-Center/295857217111107>
Uniformed Services University of the Health Sciences page:
<http://www.facebook.com/pages/Uniformed-Services-University-of-the-Health-Sciences/96338890888?fref=ts>

NSA Bethesda
Fleet And Family Support Center 301-319-4087

Walter Reed National Military Medical Center
Office of Media Relations 301-295-5727

Chiefs Celebrate 122 Years of Leadership, Service

By Bernard S. Little
WRNMMC Public Affairs
staff writer

“Celebrating 122 years of Deckplate Leadership,” chief petty officers (CPO) from commands onboard Naval Support Activity Bethesda (NSAB) observed the 122nd birthday of the U.S. Navy Chief Petty Officer rank, April 1.

The early morning celebration began with the raising of colors by two of the newest chiefs on base, CPOs Marcus Love and Joseph Delacruz, in front of the historic Tower. Master Chief Paul Loomis, senior enlisted leader for the Directorate of Clinical Support Services at Walter Reed National Military Medical Center, then explained that General Order 409 created the rate of chief petty officer in the U.S. Navy on April 1, 1893.

“Since its inception, the title of chief petty officer has carried with it responsibilities and privileges no other armed force of the United States offers,” Loomis said. “For 122 years, chiefs have routinely sought out greater responsibil-



Photo by Bernard S. Little

Chiefs and other service members, as well as civilians, pay honors to the nation during the raising of the colors on April 1 in front of the historic Tower on Naval Support Activity Bethesda, beginning the 122nd birthday celebration of the U.S. Navy Chief Petty Officer rate.

ities....,” he added. “Examples set by chiefs in the last century are what inspire our men and women of today. Indeed, what you see in our present young Sailors is a tradition of devotion and dedication that the first chiefs established with their sacrifices and valor.”

Navy Capt. David A. Bitonti, NSAB commanding officer, followed, adding that the chiefs’ community has been influential throughout his career as a Sailor, leader and provider. He

said chiefs have an important leadership role in the Navy, and without [their] steadfast mentoring [and] guidance, [the Navy] couldn’t be successful at its mission. “For that, I want to wish you a happy birthday and thank you.”

Also noting April as Sexual Assault Awareness and Prevention Month, as well as Child Abuse Prevention Month, Bitonti said chief petty officers “have the ability to help us move forward the mission of

supporting military members and their families in the prevention of [sexual assault and child abuse].”

While saluting chiefs as well, Navy Capt. Phillip Sanchez, Navy Medicine Professional Development Center commanding officer, recognized “the blend of service members and civilians” at the celebration for the CPO birthday. “I see our brothers and sisters in arms, mentors, and a host of professionals dedicated to taking care

of each other,” he said.

Sanchez also discussed the importance of respect among chiefs and throughout the military. “Respect is paramount to what you do as a professional. You can’t move the command forward, you can’t move the Navy forward, and you can’t move your organization forward without dedicated trust and respect.”

Before the customary cake cutting to honor past, present and future chiefs, Brig. Gen. Jeffrey B. Clark, WRNMMC director, told the CPOs, “Challenge is good, and we need your leadership to help us meet our challenges.”

Following the general’s remarks, WRNMMC Command Master Chief Tyrone Willis, retired Master Chief Joseph Pelot, and Chief Delacruz cut the CPO birthday cake, which was adorned with decorative chiefs’ covers and a goat, the chiefs’ mascot, made of confections. The retired and seasoned chiefs then exchanged slices of the cake with the young chiefs to symbolize the passing of traditions from one generation of chiefs to the next.

Spotlight on Prosthodontists

Recognizing Prosthodontics Awareness Week: April 12-18

By Sarah Marshall
WRNMMC Public Affairs
staff writer

Prosthodontists at Walter Reed National Military Medical Center (WRNMMC) and the Naval Postgraduate Dental School (NPDS), are using sophisticated technology to provide patients with quality care and complete oral rehabilitation.

A prosthodontist is a dentist who specializes in the restoration and replacement of teeth, explained Navy Capt. Robert Taft, chairman of the Prosthodontics Department at NPDS, located at Walter Reed Bethesda. They complete four years of college, four years of dental school, and then work as dentists for at least five years before going on to complete an additional three years

of specialized training, he added.

Their role involves creating oral prostheses or surgical implants to replace missing teeth, or to correct a deformation of the mouth and jaws, where teeth are missing, he continued. It could be from trauma, cancer, or the way a person was born, he explained.

“There’s a lot that goes into your smile — your teeth, your cheeks, your lips. Everything owns some space. The biggest complexity to what we do is when that is out of alignment ... we have to work with all those features, to realign everything,” he said. “We’re responsible for the rehabilitation, at all levels of complexity, to re-establish one smile and function.”

To meet the needs of their patients, prosthodontists also



Photo by Sarah Marshall

HN Roberto Carrera, who works in the Prosthodontics Department of NPDS, prepares crowns for casting.

interact with a number of other specialties in dentistry and medicine throughout the hospital, such as neurology and

plastic surgery, depending on the individual’s needs, said prosthodontist Cmdr. Tony Petrich.

“It’s a team effort between us and other specialties,” Petrich said.

They’re considered the “bus driver” or the “hub,” as a referral specialty, sending patients to other specialties for further types of treatment, he said. Others also refer to them for their extensive experience and advanced knowledge in restoring oral function — from speech to swallowing food — as well as restoring esthetics.

Additionally, the advanced technology they’re using allows them to be at the cutting-edge in their field, working with digital x-rays, 3D printing technology, and ceramic milling machines to make veneers, bridges, and crowns. They’re also using computer aided design programs to help

See **SPOTLIGHT** page 10

USO Happenings



Photos by Andrew Damstedt

(Above) Naval Support Activity Bethesda (NSAB) Command Chaplain Navy Lt. Christilene Whalen leads a Good Friday Service at the USO Warrior and Family Center April 3. Approximately 45 people attended the service which included meditation prayers and songs performed by the NSAB Community Choir.

(Left) Lisa Bitonti serves food to Army Sgt. 1st Class Parrish Purnell during the USO Warrior and Family Center's first birthday party, where 157 service members attended the celebration April 1. "It's created an atmosphere for Soldiers to take a break they normally wouldn't otherwise take," Purnell said. The 16,217 square-foot facility opened April 1, 2014 and since then has had 800 programs and events — including visits from all the region's sports teams as well as many celebrities, and has served 100,000 guests, according to Steve Tomlin, USO-Metro's chief operating officer. The 210 volunteers have put in 16,000 hours in the past year, he said. Naval Support Activity Bethesda Commanding Officer Capt. David A. Bitonti called the center the "best and most unique USO Warrior and Family Center anywhere." Army Sgt. 1st Class Marshall Davis said he went to the center every day after it first opened, calling it a "home away from home." The center features a music room, a sports room and large conference rooms that can be used for exercise classes or large group meetings. "There's a lot of opportunity to take advantage of the USO," Davis said. "They're crazy if they don't take advantage."



BMW of Silver Spring

bmwofsilverspring.com
1.866.303.2101



The Ultimate Driving Machine®



BMW OF SILVER SPRING IS PROUD TO BE A PREFERRED DEALER FOR USAA MEMBERS

Make your best deal and then receive an additional Domestic Military Program Discount **up to \$2,000 on select new BMWs**

Visit BMW of Silver Spring for Details

BMW of Silver Spring

3211 Automobile Blvd., Silver Spring, Md. 20904
Sales Direct: 1.866.303.2101

* Up to \$2,000 discount vary by model. 2014 & 2015 new BMW models only. Contact new car sales department for details



FOR ACTIVE-DUTY FAMILIES & MILITARY RETIREES*



JOHNS HOPKINS
MEDICINE

US FAMILY HEALTH PLAN

Are you eligible for TRICARE Prime®?

The DoD gives you a choice for TRICARE Prime. Join the thousands of military families who enjoy all of their TRICARE benefits through the Johns Hopkins US Family Health Plan.

- Convenient appointments without a long wait
- A doctor who gets to know you
- Your choice of specialists in the Johns Hopkins network
- Your choice of participating hospitals



Request a free information packet or reserve a seat

at a free Information Briefing in your area:

Call 1-888-294-1129 or Visit ichosejohnshopkins.org/nn



*Military Retirees under age 65 with TRICARE eligibility can enroll in the Plan.

TRICARE is a registered trademark of the Department of Defense, Defense Health Agency. All rights reserved.

1050931

We've got you covered for Memory Care, Senior Living, Nursing & Rehabilitation

HCR ManorCare offers a unique range of care in the Washington D.C. area under the Heartland, ManorCare, Springhouse and Arden Courts names. By pooling our resources and expertise, we are able to provide carefully coordinated, individualized care options that maximize health, comfort, independence and dignity for our patients, residents and their families.

ManorCare 
Health Services

ManorCare's skilled nursing and rehabilitation centers offer post-acute services for those recovering from life-changing events such as illness, injury, surgery or multiple health issues — and need additional care before transitioning from hospital to home. Locations in:

Adelphi • Bethesda • Chevy Chase • Hyattsville • Largo
Potomac • Silver Spring • Wheaton
800.736.4427

Heartland 
Enriching life.

Provided at home, within an assisted living or skilled nursing center our hospice program includes comfort care, pain management and education for the patient and family, as well as psychosocial and spiritual support.

Baltimore 410.719.8670

Arden Courts 

Arden Courts were researched, designed and developed for persons living with Alzheimer's disease and other related dementias. We know, we understand, and we can help, because memory care is all we do.SM Memory care communities:

Annandale • Fair Oaks • Kensington • Potomac • Silver Spring
888.478.2410

Springhouse 

Our senior living residences provide a sensible mix of security, socialization and health care when needed. A gracious home with the support seniors need to lead full and independent lives can be found in:

Bethesda • Silver Spring • Westwood
888.478.2410



HCR ManorCare 
Heartland • ManorCare • Arden Courts • Springhouse

1050951

BETHESDA
BOXING & KICKBOXING
ACADEMY

Proudly Offering
Military and DoD
Discounts



A SPECIAL INVITE TO ALL Walter Reed National Military Medical Center Personnel Stop By and Try Us Out

2 FREE CLASSES

Now through the end of April

- **Small group classes:** Burn 1,000 calories during 1 hour kickboxing and boxing class
- **Power Yoga:** Loosen tight muscles and build relaxation
- **Myofacial Stretch Therapy:** increase flexibility and avoid injury

WOUNDED WARRIOR Classes Now Forming

Call for details

Special Technique Classes

Meeting twice a week in the
evenings for 90 minutes

Including: Self-defense & Muay Thai Club

Find our
April Class Schedule

on our Facebook Page!

www.facebook.com/bethesdaboxing



Studio Information:

Bethesda Boxing & Kickboxing Academy
4940 St. Elmo Avenue, Bethesda, MD 20814
p| (301) 656-3098 e| bethesdaboxing@gmail.com

Parking:

The Cordell-St. Elmo Public Parking Garage is
conveniently located directly across from the studio.

1050831

Code Pink Exercise Enhances Preparedness

By MC1(AW)
Chris Krucke
WRNMMC Public Affairs
staff writer

If you are a parent or know anyone who is, a Code Pink is probably the last thing you would want to hear announced over the speakers. That's why the Emergency Management Plans, Training and Exercises (EMPTE) team Walter Reed National Military Medical Center (WRNMMC) conducts drills on various codes every month – to enhance response to such an emergency.

March 27, the EMPTE held a Code Pink drill, which is one of 10 codes WRB uses to identify hospital emergencies.

A Code Pink is the emergency code to notify staff of an attempted or suspected infant or child abduction in the hospital. Staff members are expected to activate the hospital lockdown plan and be aware of suspicious activity.

Melissa H. Knapp, EMPTE program manager at WRNMMC, is one of the organizers of the monthly code drills. She explained the purpose of the drills is to test how well staff members are notified of an emergency, and how they respond. "Our primary focus is that staff is quickly notified and can immediately take action. It should be an automatic



Photo by Mass Communication Specialist 1st Class Christopher Krucke

Navy Hospital Corpsman Jeremy Harjo stands guard at a check point to insure an assailant with an abducted child does not leave the hospital during a Code Pink drill in the Walter Reed Bethesda ER.

response for those departments assigned to send personnel to specific doors."

All areas and departments within the hospital are involved, according to Knapp. She said there are about 40 departments that have to send personnel to doors for the lockdown. During an actual Code Pink, the personnel at the doors will not allow people to enter or exit their areas. People trying to enter the

hospital will be directed to entry control points in specified locations.

During the most recent Code Pink exercise, Navy Hospital Corpsman 3rd Class Trenton Ries, Emergency Department Supply leading petty officer, arrived at his control post in the Emergency Department in approximately one minute, well within the two minute requirement.

"This was my first drill," he said. "I learned the points of coverage that we are supposed to cover and the difference between a Code Yellow [an undetermined threat to the general safety and security of the Command grounds] and a Code Pink."

Reis said he feels confident he would know what to do in the event of an actual Code Pink because of the drill, and would be

able to inform others what to do in an emergency. He added he feels more assertive having to stop people during an event.

Staff will be notified using the overhead mass notification system, an Everbridge notification will call the clinics, and a popup will appear on their computer screen for an event or exercise, Knapp explained. Staff should spread the word as well, she added.

Knapp also said all personnel with a hospital staff badge - active duty (officers and enlisted), civilians, contractors, volunteers, physicians, nurses, technicians and administrator - are responsible for knowing what to do in an emergency and how to take action. "We are all responsible for our patients, visitors, and each other," she said.

Knapp added the WRNMMC Office of Emergency Management is available upon request to provide training to any hospital department or work area.

"Please don't hesitate to contact us," Knapp said. "Our goal is continuous readiness. We want staff to know what to do for any emergency code this afternoon or tomorrow."

For more information, email Melissa Knapp at Melissa.h.knapp2.civ@mail.mil, or call 301-319-4906.

Biomedical Research Lab Offers Short Course in Molecular Biology

By Katrina Skinner
WRNMMC Public Affairs
staff writer

For the past three years, the Walter Reed National Military Medical Center's (WRNMMC) Biomedical Research Laboratory (BRL) has opened its doors to medical clinicians, staff members and scientists for the Molecular Biology Workshop on Gene Expression Analysis.

The most recent workshop was held in March at WRNMMC.

The hands-on workshop originated at the former Walter Reed Army Medical Center in Washington D.C., over a decade ago. The BRL opened registration in January to 16 interns, residents, and fellows of the graduate medical education program (GME) and other clinicians in the National Capital Area looking to expand their skillset, according to Cmdr.

Janine Danko, chief of the biomedical research laboratory.

"It doesn't matter to us what department they're coming from, it's not limited to [GME trainees] but we give priority in terms of the registration to those folks who are from a training program [at Walter Reed Bethesda (WRB)]."

The course, which is held every year in March, is optional and open to those who want to fill in some gaps of knowledge or technical skills in molecular biology research. "Some don't do molecular biology so they wanted more exposure and background to these types of skills," she explained.

Dr. Cheng-Rei Lee, a scientist and research coordinator at the Joint Army/Navy Diagnostic Program at the Naval Medical Research Center in Silver Spring, Md., took the course as a refresher. As the program coordinator, Lee doesn't do much

hands-on work so the workshop served as a way for her to better understand the process, which will aid her when approving research proposals.

The BRL "was created for the people that work here, so they can get their research done," said Danko. "We have a team of scientists who are here every day to help people write proposals, to help people develop budgets for their projects, to execute experimental bench work for them, and we have the bench space if people have the skills and know how to operate these pieces of equipment."

For clinicians - physicians, nurses, therapists, GME students and other interested staff - who don't have the time to do research, "all they have to do is to come up with their clinical questions and bring them to us," she said. BRL scientists will in turn help clinicians develop and execute their project.

"We're here and open pretty much every day of the year," added Danko.

BRL subject matter experts taught participants the most commonly used molecular biology techniques for gene and gene expression analysis.

Capt. Matthew Perkins is an infectious disease fellow in the department of infectious disease at WRB, interested in doing research in the future. For Perkins, the class "is a good refresher on techniques" and seeing the new modalities will prepare him for bench work when he gets the opportunity.

For more information about the Biomedical Research Laboratory, which falls under the department of research programs, please call Cmdr. Janine Danko at (301) 295-8279 or Dr. Yaling Zhou at (301) 295-8287.



Photo by Katrina Skinner

Dr. Matthew Perkins is a physician in the Walter Reed National Military Medical Center (WRNMMC) Infectious Diseases department who participated in the gene expression workshop held in March by the WRNMMC Biomedical Research Laboratory.

Expert Brings 'Snakes Alive' to USU

Snakebites: Serious but Uncommon Medical Emergency

By Andrew Damstedt
NSAB Public Affairs
staff writer

Meet Jade.

She has green scales with dark spots on top and yellow scales with dark spots on bottom. She weighs 18 pounds. At birth she was 35 inches long. Now, she's 9 feet-long and travels with her handler, Reptile Discovery Program Director Bruce Schwedick, around the country to educate people about snakes.

Jade was one of the non-venomous snakes Schwedick brought to the Uniformed Services University of the Health Sciences (USUHS) campus March 31 so medical students and other attendees could learn about snakes and treating snake bites. He also brought venomous snakes: A rattlesnake, two cobras, a python, a puff adder and a copperhead as part of a popular yearly presentation, *Snakes Alive*, at USUHS. Not to worry all of the venomous snakes he brought for his presentation previously had their venom glands removed).

Schwedick took Jade, a female green anaconda, up close to audience members seated in the Sanford Auditorium who were both visibly fascinated and at the same time a bit frightened to see one of the largest snakes up close.

"I raised her from a juvenile, handling her carefully and gently; because of that she only bites me every once in a while," Schwedick said, smiling.

He's also been bitten by venomous snakes, one bite of which he described as more painful than the 14 times he's been bitten by crocodiles. He said around one-third of all venomous snake bites have no venom injected; another third have venom injected at a sub-lethal dose and another one-third are at a lethal level.

Attendee Army Capt. (Dr.) Kyle Smith, a second-year pediatric resident at Walter Reed National Military Medical Center, sat up front during the lecture. He recently spent



Photos by Andrew Damstedt

Audience members were invited to touch an albino reticulated python after a presentation by Reptile Discovery Program Director Bruce Schwedick at the Uniformed Services University of the Health Sciences March 31. Schwedick talked about snake biology, where snakes lived and how to treat snake bites.

eight days in Honduras, where he had to keep antivenom with him, and said he jumped at a last-minute invite to hear Schwedick's talk.

He said he liked learning about the immediate first aid for snake bites and learning where snakes live, especially in areas where he might serve.

That's one reason why Schwedick and his brother, Michael Schwedick, have been coming to USUHS since the 1970s — to better inform service members about snakes and snake bites.

"Generally speaking, service men and women are not bitten very often by venomous snakes, but medical personnel around the world will certainly be seeing patients of venomous snake bites," Schwedick said. "That's why I think my presentation is important. They can see firsthand what these snakes look like, and how they behave, and get an introduction into the regions of the world; where they occur, and where the bites are prevalent. (They can) get an introduction to the families of venomous snakes, the types of



Audience members react to seeing a green anaconda up close during a popular yearly presentation about snakes and snakebites given by Reptile Discovery Program Director Bruce Schwedick at the Uniformed Services University of the Health Sciences. Schwedick informed the audience at the March 31 lecture about different types of snakes, where they lived and what to do in the event of a snake bite.

venom, circumstances under which people get bitten, and the symptoms of the bite."

Army Lt. Col. (Dr.) Patrick Hickey, program director of USUHS' master's degree in tropical medicine and hygiene,

said snake bites are a neglected disease in most medical education programs.

"Most typical civilian programs don't address this topic at all, but because of our unique student population we

have, snake bites both for venomous snakes in the United States and globally are operationally important," he said.

Snakebites are an uncommon, but serious medical emergency. Stars and Stripes reported earlier this year on a Soldier who died from a venomous snakebite while stationed in Kenya. Over a one year period from July 2010 to August 2011, 17 snakebites were treated at three U.S. military hospitals in Afghanistan. Most were locals but two were service members, according to a 2013 Wilderness and Environmental Society medical journal report. The Centers for Disease Control (CDC) estimates that of the 7,000 to 8,000 venomous snake bites each year in the United States only five are fatal. Worldwide, the number of venomous snake bites is conservatively estimated at 421,000 with 20,000 fatalities, according to the World Health Organization.

The only venomous snake in the Washington, D.C. region is the copperhead, Schwedick said. He advised people to take a picture rather than try to catch a copperhead if they see one, and said people should stay at least three to four feet away from any snake.

"Some people see a snake and try to catch it or kill it and that's when they get bitten," he said. "Protect yourselves from snakes you can't see. Copperheads live on rocky crevices, on hillsides near streams in the forest. So avoid rocky areas — they like those rocky areas that are exposed — avoid those areas. Be careful where you place your feet; don't put your feet in places where you can't see what's there."

Air Force 2nd Lt. Courtney Beaver, a first-year medical school student, waited in a line with other interested people after Schwedick's lecture to touch an albino reticulated python and get a closer look at one of the largest snakes in the world.

"It was fun to see the snakes, but, also nice to hear the medicine behind it," Beaver said.

PREVENTION

Continued from pg. 2

tion and response officer is a good example of our proactive approach. Every region within CNIC now has a SAPRO assigned as a direct report to the commander whose sole responsibility is to help the commander implement an effective SAPR program. Our new SAPRO is Cmdr. Stephen Frangos, located on JBAB in the N9 building. The RSAPRO is the military counterpart to the civilian regional sexual assault response coordinator. These two positions make up the SAPR team, which maintains awareness of SAPR program and initiatives, ensures policy and procedural compliance with subordinate commands, recognizes and recommends best practices, lessons learned and trend analysis.

Our SAPR team has been very busy the past few months with educational programs and training. We

recently held the first sexual assault response drills throughout the region. These drills will be conducted every June and December. The first set went well and we gained some valuable lessons learned to improve the program effectiveness. Drill scenarios begin with a person reporting an exercise sexual assault through one of the various reporting channels and are designed to all exercise the full range of installation response processes. The NDW SAPR team will be working with the installation training officers to conduct the next round of drills in June.

Our region led the way for best practices by having the majority of our installations run the same drill scenario, which enabled us to compare results and better understand what worked well and where we needed to improve. NDW unit victim advocates also played the part of the victim. The feedback received was that the UVA's learned just as much by playing the victim in the drill as compared to the UVA's that were being assessed. These best practices are going to be recommended by CNIC to all other regions. NDW also created

a standardized assessment check list so that all installations will be evaluated using the same criteria.

Beginning in April and through September, we will be rolling out new Bystander Intervention to the Fleet, or BI2F. This training is going to be a comprehensive bystander skills-based facilitated experience. BI2F is going to teach how to recognize and address destructive behaviors on the continuum of harm (bullying, inappropriate behavior, offensive humor, posters, pictures, harassment, sexual harassment etc...). It will revolve around the concept of "See something, say something." The two-hour training will be mandatory for military personnel, but our civilian workforce is welcome and highly encouraged to attend what we believe to be excellent training.

Sexual assault in all forms is unacceptable. Providing critical training and awareness programs and trained advocates to handle sexual assault response ensures NDW continues to have a command climate of respect, trust and professionalism. I encourage you to participate in the Sexual Assault Awareness and Prevention Month activities at your installations and take some time to educate yourself on DoD and Navy SAPR programs and initiatives.

Thanks Team 88

WAR

Continued from pg. 1

know, understand, and adhere to Service values and standards of behavior in order to eliminate sexual assault, and other inappropriate behavior.

- Know Your Part: Each member of our DOD community has a unique role in preventing and responding to sexual assault. We must recognize our part in stopping this crime, starting with our own awareness and knowing when and where to intervene.
- Do Your Part: We have to act. If we see a crime or inappropriate behavior unfolding, we need to step in to prevent it. We each need to add our voice to the call to end this crime.

In keeping with this theme, Col. Kevin W. Glasz, brigade commander, Uniformed Services University of the Health Sciences, reinforced the idea of a personal responsibility to eliminate sexual assault.

"I love this phrase, know your part, do your part," said Glasz. "Each and every one of us has a moral obligation to stop behavior that goes against our dignity and respect. Anything that goes against our climate of dignity and respect, we need to stop it. So people have to know their part, and do their part. Our core values are absolutely wonderful to fall back on at a time like this."

The event, organized by NSAB's Fleet and Family Support Center, featured a prayer by NSAB Command Chaplain Lt. Christilene Whalen, refreshments and a cake-cutting, and culminated in the signing of a SAA-PM Proclamation by officer and enlisted leadership on the installation and its major tenant commands, including Walter Reed National Military Medical Center (WRNMMC), Uniformed Services University of the Health Sciences, Navy Medicine Professional Development Center, Army Warrior Transition Brigade and Army Troop Command.

The signing served as an emphatic commitment by the represented commands and their leaders, that each has to combating sexual assault in the military, and stands as an example to show that everyone has a part to play in this battle.

"We all have a call to action, we can all make a difference," said Bitonti. "We have the ability and we are empowered to remove sexual assault from our military. It's a mission that involves us all, and we cannot waver and we cannot falter.

"Let's get it done."



READY. SET. HOMEOWNER!

- > No money down on some mortgages¹
- > Rate matching²
- > No mortgage insurance requirements on many loans
- > Free Rate Float/Lock options available³
- > Get up to \$5,050 cash back on closing costs with RealtyPlus^{®4}

Get MOVING >>|
WITH NAVY FEDERAL



APPLY TODAY!
1-888-842-6328 • navyfederal.org

Federally insured by NCUA. ¹100% financing loans include an additional funding fee, which may be financed up to the maximum loan amount. ²Special offer available for purchase and refinance first mortgages. Certain product exclusions may apply. Good Faith Estimate (GFE) and Truth-in-Lending Disclosure (TIL) from competing lender must be dated and received within 5 calendar days of locking your interest rate at Navy Federal. The terms of the competing loan must be identical to Navy Federal's loan. If the loan does not close within the commitment period, the rate match may be voided. To receive \$250, you must provide a signed, executed copy of the final HUD-1 Settlement Statement and a copy of the mortgage note within 30 calendar days of your loan closing with another lender. Offer not valid if original loan terms or conditions change prior to closing. Once approved, \$250 will be automatically deposited into your Navy Federal account within 30 calendar days of receiving the necessary documentation. Recipient is solely responsible for any personal tax liability arising out of the acceptance of this cash incentive. ³This Freedom Lock option is a special offer, effective June 3, 2011, and subject to change at any time. Offer is available for new applications on purchase loans only at no additional fee, with a maximum interest rate reduction of up to 0.25%. You will have the opportunity to re-lock one time if rates improve. You must contact your loan officer to re-lock a minimum of 7 calendar days prior to settlement/closing, and your loan must close within 60 days of initial lock. ⁴Cash back from \$400 to \$5,050 is available in most states. You must register with RealtyPlus before contacting a real estate agent and be represented by the assigned real estate firm at closing to qualify. Contact RealtyPlus for terms and conditions. © 2015 Navy Federal NFCEU 15211 (2-15)



NSAB Recognizes Red Cross Animal Visitation Team



Photo by MC3 Hank Gettys

Capt. David A. Bitonti, (back row, middle) Naval Support Activity Bethesda (NSAB) commanding officer, poses for a photo with members of the American Red Cross at Walter Reed National Military Medical Center’s Animal Visitation Team March 31. Bitonti met with the team as part of Red Cross Month, and also to show appreciation for the team’s service on NSAB.



CELEBRATE THE NATIONALS 10TH ANNIVERSARY SEASON!

SECURE THE BEST SEATS FOR GAMES FEATURING THE MOST POPULAR MATCHUPS AND GIVEAWAYS

MILITARY APPRECIATION DAY: 4.17 | WOMEN IN THE MILITARY DAY: 5.23

GREAT MOMENTS IN NATIONALS HISTORY BOBBLEHEADS: 5.4, 6.4, 7.5, 8.30 & 9.25

STAR WARS DAY: 7.19 | JAYSON WERTH CHIA PET: 8.5

To purchase tickets call 202.675.NATS(6287) or visit nationals.com

HOME

AWAY

All promotions and events are subject to change.
* Exhibition game
#Potential ESPN broadcast. Game time subject to change (8 p.m.)

#NAT1ONALS

UPCOMING SCHEDULE

APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3		4 NYY* 1:05 PM
5	6 NYM 4:05 PM	7	8 NYM 7:05 PM	9 NYM 1:05 PM	10 PHI 7:05 PM	11 PHI 7:05 PM
12 PHI 1:35 PM	13 BOS 3:05 PM	14 BOS 6:10 PM	15 BOS 1:35 PM	16 PHI 7:05 PM	17 PHI 7:05 PM	18 PHI 1:05 PM
19 PHI 1:35 PM	20	21 STL 7:05 PM	22 STL 7:05 PM	23 STL 4:05 PM	24 MIA 7:10 PM	25 MIA 4:10 PM
26 MIA 1:10 PM	27 ATL 7:10 PM	28 ATL 7:10 PM	29 ATL 7:10 PM	30 NYM 7:10 PM		

MAY

SUN	MON	TUE	WED	THU	FRI	SAT
					1 NYM 7:10 PM	2 NYM 7:10 PM
3 NYM 1:10 PM	4 MIA 7:05 PM	5 MIA 7:05 PM	6 MIA 1:05 PM	7	8 ATL 7:05 PM	9 ATL 4:05 PM
10 ATL 1:35 PM	11 ARI 9:40 PM	12 ARI 9:40 PM	13 ARI 3:40 PM	14 SD 10:10 PM	15 SD 10:10 PM	16 SD 8:40 PM
17 SD 4:10 PM	18	19 NYY 7:05 PM	20 NYY 7:05 PM	21	22 PHI 7:05 PM	23 PHI 4:05 PM
24 PHI 1:35 PM	25 CHC 2:20 PM	26 CHC 7:05 PM	27 CHC 8:05 PM	28	29 CIN 7:10 PM	30 CIN 4:10 PM

JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
	1 TOR 7:05 PM	2 TOR 7:05 PM	3 TOR 7:05 PM	4 CHC 7:05 PM	5 CHC 7:05 PM	6 CHC 12:05 PM
7 CHC 4:05 PM	8	9 NYY 7:05 PM	10 NYY 1:05 PM	11 MIL 8:10 PM	12 MIL 8:10 PM	13 MIL 4:10 PM
14 MIL 2:10 PM	15 TB 7:10 PM	16 TB 7:10 PM	17 TB 7:05 PM	18 TB 7:05 PM	19 PIT 7:05 PM	20 PIT 4:05 PM
21 PIT 1:35 PM	22	23 ATL 7:05 PM	24 ATL 7:05 PM	25 ATL 4:05 PM	26 PHI 7:05 PM	27 PHI 3:05 PM
28 PHI 1:35 PM	29	30 ATL 7:10 PM				

1050927

THE EDUCATION YOU WANT. THE SUPPORT YOU DESERVE.



You'll find University of Maryland University College (UMUC) online and on-site right here at Walter Reed NMMC. We stand ready to help you pursue your degree and advance your career in cybersecurity, business and management, public safety and other in-demand fields.

In person or online, UMUC's dedicated military advisors can help you

- Make the most of your military benefits.
- Identify which credits can be transferred from other colleges and military service schools and applied toward your degree.
- Map out your path to degree completion.
- Apply for admission and register.



★ Recognized as a 2014 Military Friendly School™
by G.I. Jobs and Military Advanced Education ★

Stop by or call
4650 Taylor Road, Bldg.17B, Suite 2D
Bethesda, MD
301-654-1377 • military.umuc.edu/walterreedonsite

SPOTLIGHT

Continued from pg. 3

make oral prostheses, dental implants and dentures.

“We have the capability to digitally manipulate a reconstruction before the patient even shows up, and have everything pretty much worked out, say if they were injured in the field,” Taft explained. “We can make all the manipulations of bone and soft tissue that we need to, and then design either a surgical template, or actual restoration, to rehabilitate. It’s all done remotely.”

In addition to seeing patients with varying needs and complexities, they’re busy training residents, Taft added. Here, dental officers prepare for their board certification, while conducting research, and training to manage specialty or advanced general dentistry practices.

Between the dental school and Walter Reed Bethesda, there are eight prosthodontists, many of whom share similar sentiments as to why they enjoy their work — using their ingenuity to help solve problems.

Petrich said it’s like an “evolution,” working with the patient to find the best solution and “making it work for every person who comes in the door.”

“It’s the ultimate creativity ... Probably 85 percent of what we do is making a solution to a physical puzzle, and just figuring it out,” Petrich said. “That’s physically a big part of what we do, but what it’s actually about is figuring out why and how we make it work for a patient.”

Cmdr. Chris Hamlin agreed, adding he has always been artistic and, as a prosthodontist, is able to use his creativity to help find resolutions for his patients, each with very unique needs.

“I like working through a problem to find a solution,” Hamlin said. “It’s an interpersonal specialty. You spend a lot of time with the patient, getting to know them. For me, that’s what I enjoy.”

Navy Capt. Dan Ellert, a prosthodontist in NPDS, also enjoys being able to work through complex cases, looking at the bigger picture to ultimately make an impact on a patient’s overall well-being.

“Being able to provide that for the patient is something that drew me in,” Ellert said. “It’s tying the arts and sciences together.”

For more news from other bases around the Washington, D.C. area,
visit www.dcmilitary.com.

Professional Services

Call **301-670-7106**

Clinical Research

Clinical Research

Volunteers needed

Compensation paid to healthy female and male volunteers for donations of bone marrow for research efforts in such areas as cancer and other serious illnesses.

- Ages 18 to 45
- In good health
- Not engaged in high risk behaviors

Confidential interview and screening provided at our convenient Rockville MD office.

Donations occur at our Bethesda and Germantown, MD offices by board certified physicians. Both locations are accessible by MetroRail and Metro Ride-On.

FINANCIAL COMPENSATION PROVIDED

AD-Bone Marrow 12/08

For more information, or to schedule an appointment:
Toll free: (888) 926-9211
Email: donorinfo@lonza.com

Lonza

T6617460

**Reach over
125,000
military
personnel,
their families
and
the surrounding
areas**

**Advertise Your
Professional
Service Here**

**Call
301.670.7106**

CLASSIFIEDS

Call 301-670-7100 or
email class@dcmilitary.com



**BUY IT,
SELL IT,
FIND IT**

- Furniture
- Pets
- Auctions



**SELL YOUR
VEHICLE**

As Low \$19⁹⁹
As

- Domestic Cars
- Motorcycles
- Trucks for Sale



**CLASSIFIED
DEADLINE
Monday 4pm**

- Homes for Sale
- Condos for Rent
- Shared Housing



Careers
See more listings online

- Career Training
- Full Time Employment
- Part Time Employment

Houses for Sale Montgomery County

GAITHERSBURG: 4br 2.5ba TH, \$1900 full fin bsmt, NEW Apps, Hd wd flrs Avail now! 202-445-6030

S.S./ LEISURE WORLD: 1600 sq ft TH, COOP, 2 BR, 2 1/2 Bath, 148K, Agents ok! Call 240-372-7997

Condos for Sale Montgomery Co.

CLARKSBURG: 3 BR 2.5 BA fitness, pool, \$1650 + utils, Avail Now! Sec Dept Req (240)418-6071

Houses for Rent Fred/Wash County

FREDERICK: 2310 sq ft TH, 4BR, 3.5BA, 3vl SunRm, Window Treatment, \$1650, 301-300-4182.

**Don't Wait...
Get it Sold,
Call Us Today!
301-670-2503**

Houses for Rent Montgomery Co.

GERMANTOWN: 4BR, 2.5BA TH, FP, 2 decks. Near shops & library. HOC okay. \$1850. 240-383-1000

GERMANTOWN: TH, re-modeled, 3 lvl 3Br 2FBA, 2HBA, pool, HOC OK, \$1750, Frances 301-908-9627

Furnished Apartment Prince Georges County

SILVER SPRING: Bsmt, priv entr, W/D, good for one person, \$875 utils inc + SD 301-434-6797 or 301-455-7662

Condos For Rent

CABIN JOHN: 1 bd condo close to DC & VA near C&O canal and bike path \$1500 Call 301-299-8024

GERMANTOWN: 2BR, 2BA remodeled. Near bus, shops & 355. \$1390 incl water. 240-888-0592

Condos For Rent

GERMANTOWN: 3BR, 2BA, pkg, 3rd lvl. Near 270/shops Fully renovated. Pool \$1,700+utils 240-899-1694

MONTGOMERY VILLAGE: 3BR 2 BA, Fully Furnished walking distance library near bus & metro \$1995 Avail Now! Call 240-643-8842

Shared Housing

GAITHERSBURG: 1BD in TH, prof, nr bus \$650 + 1/4 util & SD Avail immed 301-440-4277/301-440-4189

GAITHERSBURG: 1Br w/pvt bath shr kitchen \$650 util catv incl N/S, nr Mall, Metro, Bus Avail now! 301-963-4050

GERM: Furnished rm in TH w/ba, 6 month or more, 1 person \$650. Cts to 270 & metro. Call 240-406-0210

ROCKVILLE: 1Br share bath in SFH. Male \$500 utils cable incl. Near Metro/ Bus NS/NP 240-483-9184

Shared Housing

ROCKVILLE: Cozy 1 bedroom basement for 2 Priv entr, kit, bath. \$1200 incl utils. N/P, N/S. Call 240-601-8844

SEEKING ROOM Single Male, 70, Journalist, employed FT seeks house sharing or apt to share in Mont. Co. Call Bob 301-253-3061

SILVER SPRING : 2 Rooms Nr Metro, Bus, Shops, incl utils, laundry, phone, cable. Call 703-994-3501

Auctions

HUNT AUCTION
Sunday, April 12th, 10AM
At Hunts Place
19521 Woodfield Road (Rt 124)
Gaithersburg, MD 20879
Furniture-Art-Jewelry-Iron Trivets
301-948-3937 - Open 9:00 AM
#5205 Look on Auctionzip.com

Shared Housing

SILVER SPRING / COLESVILLE: B R w/private Ba, Lrg SFH, NS/NP, \$750 includes utils/int, nr ICC, 495 & Metro! Deposit Required! 301-861-9981

Vacation Place Rent

MYRTLE BEACH: Condo 3bedroom 2bath, Sleeps 8, Free Golf, Wifi, HDTV, Tennis Amenities. \$895/per week 301-977-4227

Auctions

Yard/Garage Sale Montgomery County

N. CHEVY CHASE: Huge Community Yard Sale! Sat, April 18th, 9a-1p. Rain or Shine, At Connecticut, Jones Bridge & Kensington Pkwy. Follow Signs.

Pets

HAVANESE PUPPIES
Home raised, AKC, best health guarantee
noahslittleark.com
Call: 262-993-0460

Healthcare

Dental/ Medical Assistant Trainees Needed Now

Dental/Medical Offices now hiring. No experience? Job Training & Placement Assistance Available
1-888-818-7802
CTO SCHEV

Domestic Services Offered

EXPERIENCE NANNY
with excellent references looking for PT or FT position. Fluent in Eng. Ask for Judy 301-980-0516

Full Time Help Wanted

Motorcycles

'12 YAMAHA FZ6-R600: 3500mi, excl cond, red/blk, 2 helmets/jackets, \$5k, 301-467-7421

Full Time Help Wanted

DC Wing Administrator

For qualification and to apply, visit our website at www.gocivilairpatrol.com to complete and submit our required online employment application. A resume may be submitted in addition to a completed employment application by faxing to 334-953-9906 or via-email to employment@capnhq.gov. Salary: \$17.89 hr Closing date: 12 April 2015. No phone calls please. EOE

We can make it happen!

Let us help you find the right candidate, recruiting can be simple!

Maryland, Virginia, Washington DC, we have you covered!

Call us today 301-670-2500



**Comprint
Military
Publications**



IT PAYS TO SHOP ON BASE.

GET **5% CASH BACK** ON YOUR FIRST \$3,000 IN ANNUAL ON-BASE PURCHASES!



Plus, everywhere else get:



5% cash back on up to \$3,000 in combined gas and military base purchases annually!



2% cash back on up to \$3,000 in grocery purchases annually!



Unlimited 1% cash back on everything else!

THE USAA® CASHBACK REWARDS PLUS AMERICAN EXPRESS® CARD.

➤ Apply at usaa.com/AMEX521 or 800-531-8712



¹ Your first \$3,000 in annual Qualified 5% Eligible Purchases will earn 5% cash back. "Qualified 5% Eligible Purchases" are purchases properly categorized and coded by the merchant or American Express as gasoline purchases made at gasoline stations or military base purchases made at commissaries, exchanges and shoppette locations. In addition, your first \$3,000 in annual Qualified 2% Eligible Purchases will earn 2% cash back. "Qualified 2% Eligible Purchases" are purchases properly categorized and coded by the merchant or American Express as grocery purchases made at Supermarkets. Purchases made at warehouses, discount stores, department stores or any other non-gasoline station/non-supermarket locations are not eligible for the 5% or 2% cash back but will receive the regular 1% cash back. Even though a merchant (or the goods or services it sells) may appear to fit in a gasoline station, military base or supermarket category, the merchant or American Express may classify the merchant differently or the merchant may submit the charge under a different category. We do not determine how a merchant or American Express categorizes your purchases. If a Purchase does not receive the appropriate rebate and you feel it is an error, you may request us to review the Purchase. We reserve the right to determine if a Purchase is eligible for a bonus rebate. All accrued unpaid rebates will be forfeited if account is closed or in default. Other restrictions apply as described in the USAA Cashback Rewards Plus Program terms and conditions that will be provided with your account agreement. See USAA Cashback Rewards Plus Program rebate terms and conditions.

Purchase of a product other than USAA auto or property insurance, or purchase of an insurance policy offered through the USAA Insurance Agency, does not establish eligibility for, or membership in, USAA property and casualty insurance companies.

American Express is a federally registered service mark of American Express and is used by USAA Savings Bank pursuant to a license.

This credit card program is issued by USAA Savings Bank, Member FDIC. © 2015 USAA. 215772-0415

1050280



Mercedes-Benz

DELIVERING LUXURY TO OUR TROOPS AND VETERANS.



2014 Mercedes-Benz CLA-Class
Starting at \$29,900



2014 Mercedes-Benz ML 350 Sport Utility

EuroMotorcars
BETHESDA

EuroMotorcars Bethesda
Randy Merry and Jim Pratt, New Car Sales Managers
Gregg Eisenberg and Kenny Griffin, Pre-Owned Sales Managers
888.250.2987
EuroBethesda.com
7020 Arlington Road, Bethesda, MD 20814

*See dealer for complete details. Photos used for advertising purposes only.